









Vol. XCVII No 5 September/October 2025 Elul 5785/Tishrei 5786/Cheshvan

WE STAND WITH ISRAEL

Temple Topics



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Sympathy

Our Temple Israel of New Rochelle family offers our heartfelt condolences to the family and friends of the following people, who passed away during the past two months since the last Temple Topics:

Leonard Lauren Richard Mark Alter, Father of Jamie Deutsch Anita Douglas, Mother of Anita Aronoff Roy Markell, Husband of Judy Siegel

"May their souls be bound up in the eternal bond"

Closings

Please note the following Temple Office and Kehillah School closures:

Monday, September 1st: Labor Day, Closed

Monday, September 22nd: Erev Rosh Hashanah, Closing at 3pm

Tuesday, September 23rd: Rosh Hashanah, Closed Wednesday, September 24th: Rosh Hashanah 2nd Day,

Temple Office Closed, Kehillah School Open

Wednesday, October 1st: Erev Yom Kippur, Closing at 3pm

Thursday, October 2nd: Yom Kippur, Closed

Tuesday, October 7th: Sukkot, Temple Office Closed,

Kehillah School Open

Monday, October 13th: Indigenous People's Day, Closed Tuesday, October 14th: Simchat Torah: Temple Office Closed,

Kehillah School Open

New Members

We welcome the following to our Temple Israel family!

Jennifer & Steven Scharf (Addison) Sue & Alan Bernstein

Daniel Pinzow

Lauren Hudes & Justin Perreira (Ascher Hudes-Perreira)

Brent Cohen & Stephany Perez-Cohen (Benjamin, Francisco) Rachel & Mark Kaplowitz (Dylan)

Rebecca & Scott Behar (Lucas, Eli)

Jesse Hartman & Julie Greene (Aaron)

Susanne Feuerstein Simchowitz

Michael Snyder & Michelle Ganbaum (Rigel Snyder)

Please say hello to them when you see them at the Temple!

September/October 2025 Vol. XCVII No 5 - Double Issue Printed 6 times a year.

The deadline for the next issue: November/December 2025 is Sunday, October 5, 2025

ASL Services®

ASL interpreting is available to build the bridge between the deaf and hard of hearing and the general Jewish Community at Temple Israel of New Rochelle

Mazel Tov to ...

Morah Jackie & Carlos had their Baby Boy Emmett, born August 13th

Jonah Soberman, Evan Martin, and Harper Camhi, on becoming B'nei Mitzvah. *You can read their bios on p. 7.*

Send all your good news to OriettaSchneider@tinr.org



Rabbi Jesse M. Gallop

S'lichot

Saturday, September 13th

7:00 pm Temple Israel is delighted to partner with WRT to

> share in the beauty, awe, and mystery of the season. AT WESTCHESTER REFORM TEMPLE / LIVESTREAM

Memorial Service

Sunday, September 14th

11:00 am Service | AT SHARON GARDENS

Rosh Hashanah

Monday, September 22nd

7:00 pm Evening Service | SANCTUARY / LIVESTREAM

Tuesday, September 23rd

9:00 am Tot Service & Activity, Ages 5 and under | COURTYARD

10:30 am Traditional Morning Service | SANCTUARY / LIVESTREAM

Youth Program & Services

Babysitting provided for infants - 4 years of age

10:30 am K-3rd Graders | LAPIDUS

(parents drop off)

11:30 am 4th-6th Graders | CULTURAL CENTER

(4th-6th Graders begin in the traditional morning service with parents, then escorted

by staff to this program)

12:30 pm Reception | COURTYARD / LOBBY

1:30 pm Tashlich Service | PINEBROOK BOULEVARD

Join us as we cast away our sins, and reflect on how to

improve in the coming year.

Rosh Hashanah - 2nd Day

Wednesday, September 24th

10:30 am Morning Service | SANCTUARY / LIVESTREAM

Yom Kippur

Wednesday, October 1st

7:00 pm Kol Nidrei Service | SANCTUARY / LIVESTREAM

Thursday, October 2nd

9:00 am Tot Service & Activity, Ages 5 and under | COURTYARD

Cantor Rita Glassman

Traditional Morning Service | SANCTUARY / LIVESTREAM 10:30 am

Youth Program & Services

Babysitting provided for infants - 4 years of age

10:30 am K-3rd Graders | LAPIDUS

(parents drop off)

11:30 am 4th-6th Graders | CULTURAL CENTER

(4th-6th Graders begin in the traditional morning service with parents, then escorted by

staff to this program)

12:30 pm "Ask the Rabbi" | SANCTUARY

1:30 pm Adult Study, led by Jason Morris | LAPIDUS

2:30 pm Jonah Session | LAPIDUS

> Teens and adults are invited to join Rabbinic Intern Eden Anolick for conversation and art making. We'll discuss the symbolism of Jonah's story and reflect on our own journeys towards self-awareness and forgiveness. No prior watercolor experience necessary - come with an

open heart and an open mind.

3:30 pm Reflective Healing Service | SANCTUARY

4:30 pm Yizkor & N'ilah Service | SANCTUARY / LIVESTREAM

> We gather to honor the memory of loved ones. This service concludes with the final Shofar blast, Havdalah,

and the breaking of the Fast.

Services/Events for Youth & Families with Children

Please visit: www.tinr.org/HHD2025 to REGISTER. Please note:

REGISTRATION IS REQUIRED in order to receive nametags for both members and guests.

Important Information for the High Holy Days

Registration for Members & Guests

Register online at www.tinr.org/HHD2025. All onsite services and programs REQUIRE ADVANCE REGISTRATION, except for LiveStream. If needed, you may use the registration card included in the High Holy Day packet mailed to households.



LiveStream services are available on the Temple Website at www.tinr.org, under the "LIVESTREAM" tab on the top navigational tool bar. You do not need to register for LIVESTREAM services.



Nametags

Nametags will be mailed to members and guests ages 13+ who have REGISTERED for ONSITE services, before Erev Rosh Hashanah. For youth 12 and under, a different nametag will be issued onsite on the day of services. For everyone's safety, your nametag and a photo ID will need to be presented.



Contributing This Season

Traditionally, the High Holy Days are a time to offer additional financial support to our synagogue. Your generosity is essential for Temple Israel to maintain its service to the community.



Please visit www.tinr.org to donate to Temple Israel of New Rochelle during these High Holy Days and throughout the year.











1000 Pinebrook Boulevard, New Rochelle, NY 10804 www.tinr.org



TempleIsrael@tinr.org (914) 235-1800

















Rabbi's Note

We Belong in Community



Humans are interesting, often our first impulses are the opposite of what we need. For example, when people feel depressed, anxious, or upset with the world they often isolate themselves. This could be due to feeling judged by others or being self-conscious. Around a quarter of the world feels "very alone" or "fairly alone" (Gallup 2023). While alone time can be used for healing and reflection, excessive time disconnected from others can be painful and lead to emotional and

physical health problems.

Judaism is based on the concept of interconnectivity, where our lives not only interact with one another, but we need each other. Be it basic concepts like needing 10 people to pray together to have minyan (quorum); or even the idea that our covenant with God is communal, as a peoplehood. Judaism requires that we share life with others. In the 21st century, the Jewish concept of community is counter cultural. This is true for times of joy and loss, when we have support it shapes our most intimate lifecycle events.

Making community can be difficult. I remember when I was just out of college and moving around for jobs. I would walk into one new synagogue after another. It was often awkward, and often reinforced feeling like I was an outsider. Sometimes the rabbi or cantor would welcome me with a "Shabbat Shalom." However, when I found a spiritual home that really included me and helped me connect, that is when I was reminded how blessed I was as a Jewish person. A home where I was wanted.

For those who have been longtime members of Temple Israel, I recognize that our congregation has gone through significant change over the last 30 years. Many have shared how their peer group is no longer here (either because of people moving away, dying, or just becoming unaffiliated). And that they feel lonely when they come to temple because they don't know anyone. It can also be hard to attend Shabbat services as the music evolves over time, and traditions change.

Another reason that I think people struggle to get involved in congregational life is that once it gets out of practice, it is hard to create a new habit. When we lose the "muscle memory" it is uncomfortable. And when congregants see the temple as a service industry then the assumption is that belonging to a synagogue is not needed. But I think we all know that Temple Israel is a house of worship and sacred community. Where we come together to improve our lives, spiritually connect, and work together to make the world a better place.

I invite you to create your place at Temple Israel. We are going through a process of regrowth and revitalization. As a boutique synagogue there are many opportunities to find "your people" be it through the sisterhood and brotherhood, Better Together-Intergenerational Programming, joining a committee, Community and Family Shabbat, adult education, or even by serving on a committee. We want you find your home here with us.

As Hillel taught, "Do not separate yourself from the community" (Pirkei Avot 2.4). When done well, life is more meaningful when shared together. We might not solve major world problems, but together we hold ourselves accountable to living with purpose, humility, and ethics, and maybe even have a little bit of fun while we are doing it.

I invite you to attend this years High Holy Days as a participant and teammate in making the worship meaningful. Please help us build community during these sacred moments. Go beyond saying hello, and get to know others, invite those who are sitting alone to join you, and please reflect on what your relationship and responsibilities are to the community.

Wishing you and your family a sweet and healthy new year,

Rabbi Jesse



Affirm your faith and relationship to Judaism.

Participate in this adult b'nei mitzvah program. This program concludes with becoming b'nei mitzvah in the spring. Or, just continue your learning of Judaism and engage in programming.

11-week program. January - April, Wednesdays 7 - 8 pm

Interested? Contact Jeremy Arcus-Goldberg



Cantor's Corner

SINGING IN THE NEW YEAR What's In a Number?



Soon, we here at Temple Israel of New Rochelle will gather to usher and sing in the new year 5786. A little reveal-I always enjoy adding up numbers to see what number emerges and what significance it may have. The Jewish mystics of the middle ages often occupied themselves with numerology (Gematria), trying to unlock the secrets of the universe through numbers. If they could do it, I figure, why can't I?

Turns out, if you add up the individual numbers of 5786, you get the very holy

number of 26. Why is this number so holy? Well, as you may know, every Hebrew letter has its numerical equivalent. For "those in the know" (and now you are among those), the tetragrammaton-God's name, which we don't pronounce, but rather use alternate names like "Adonai" or in more traditional settings "HaShem" for, consists of the letters YUD (10), HEY(5), VAV(6), HEY(5). That adds up to, you guessed it, 26! A beautiful reminder as I look at it, that despite the challenges in our world today, God is with us. In my view, what the world needs now is all that I believe to be attributes of God-love, compassion, mercy, forgiveness, kindness, beauty, empathy. Last, but not least, and so importantly, if we ever needed to sing and bring our congregation into joyful, healing, hopeful song, it is now.

And so, I am looking forward with heart and soul to singing in the New Year with all of you. Our brilliantly gifted professional quartet will be with us once again, our longtime accompanist extraordinaire Chris Creaghan will also be with us, and our soulful, talented cellist Dan Hopemark will be gracing our Bimah with his soul-stirring version of the Kol Nidre. There will be many traditional, familiar tunes as always, and a few new musical offerings of a contemporary nature, to highlight the themes and enhance the meaning of the High Holy Days.

So come, join us, sing with us, and may the new year bring holy blessings of health, joy, sweetness and glorious music to lift our spirits.

L'shanah Tovah Tikateivu,

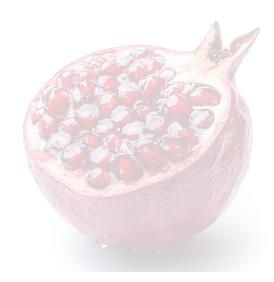
See you all very soon!

Cantor Rita Glassman

Service Times

These are the service times on upcoming Fridays.

September 5th	6:00 pm	Shabbat Service
September 12th	6:00 pm	WELCOME BACK! Community Shabbat Service followed by dinner
September 19th	6:00 pm	Shabbat Service
September 26th	7:00 pm	Shabbat Service
October 3rd	6:00 pm	Shabbat Service
October 10th	6:00 pm	Shabbat Service followed by "Harvest & Hops" sponsored by Sisterhood/ Brotherhood in the Sukkah
October 17th	6:00 pm	Family Shabbat Service followed by dinner
October 24th	6:00 pm	Shabbat Service
October 31st	7:00 pm	Shabbat Service
November 7th	6:00 pm	Community Shabbat Service with a Veteran's Prayer, and the Kristallnacht commemoration followed by dinner



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From the President

Message for 5786



Shana Tova. Thank you for your support of TINR, whether you've supported us financially, by giving of your time, or both. And, thank you to the TINR staff for all they do to nurture our youth and to keep TINR running smoothly. The clergy, Trustees, and I appreciate all that you do for our community.

I was thinking about the different types of new year greetings. Most people say

Happy New Year as the new secular year approaches. During the Chinese New Year, Chinese people say Gong Hei Fat Choy, which loosely translates to a wish for prosperity. During the High Holy Days, Jews wish each other Shana Tova – a good year. At first blush, these greetings seem to have the same meaning. But to me, they're very different.

Non-Jewish new year greetings connote a personal benefit, like you should be healthy, wealthy, and have fun. Of course, these are good things, and I wish them for you. But the wish for a good year is more meaningful. For me, 'good' includes doing good. I interpret this as doing good for others. You're already doing a lot just by being TINR members. But I view the High Holiday shofar blast as a call to action for us to help make our community and our world a better place.

There is an expression I sometimes think of – I wish I could remember where I heard it: "Doing good for others is one of the best things you can do for yourself." So have a 5786 filled with great times, good health, peace, and prosperity. But my wish for you is also to do good, however you define it.

Here are things that come to mind for me!

- Donate funds, household items, or your time to a charity.
- Donate blood.
- Check in on someone in need.
- Say "Thank You" to a police officer, firefighter, our TINR security personnel, or to anyone else who needs to hear a "Thank You."
- Become a member of TINR's sister congregation, Or Hadash in Haifa, https://en.or-hadash-haifa.org.il/welcome.
 Israelis need all the friends they can get, especially right now.
- Send a letter or an email to your elected representative to express your opinion on community issues.
- Be nice to the planet take public transportation, bicycle, recycle, eat sustainable foods, plant a tree, conserve water and electricity.
- Tie your grandchild's shoe.

May you and your family have a good 5786.

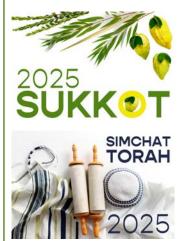
Michael Goldberg President, Temple Israel

> Reminder: First Board of Trustees Meeting on Wednesday, September 17th, 7 pm

Next: Wednesday, October 15th, 7 pm

FESTIVALS

Chag Sameach



Sukkot

Tuesday, October 7th

7:00 pm Sukkot Festival Service and October 7th Commemorative

Memorial Service

Friday, October 10th

6:00 pm Shabbat Service followed by the "Harvest & Hops" oneg in

the Sukkah hosted by Sisterhood & Brotherhood

Simchat Torah

Tuesday, October 14th

6:30 pm Simchat Torah "Nosh & Schmooze" Pre-Neg

7:00 pm Simchat Torah Service with Yizkor



B'nei Mitzvah

Mazel Tov



My name is **Jonah Soberman** and I will celebrate becoming a Bar Mitzvah on Saturday, September 6th, 2025. I will be chanting from *Ki Teitzei* in the book of Deuteronomy.

I belong to Temple Israel of New Rochelle with my parents, Jennifer & David and my brother, Drew. I am in the 8th grade at

Albert Leonard Middle School in New Rochelle. Outside of school, I play travel baseball and travel hockey, go to Camp Equinunk in the summer and I play the saxophone in the Albert Leonard Middle School band. I love going to Yankees, Rangers, Michigan Wolverines and Jets games with my family and friends.

For my mitzvah project, I am volunteering as a youth baseball and softball umpire with Youth Baseball New Rochelle (YBNR) and donating the proceeds to MLB's Prostate Cancer Foundation Home Run Challenge. I have been a baseball player with YBNR since I was 4 years old! This project is important to me because I can act as a role model to younger baseball and softball players while also contributing the money I have earned umpiring to a foundation that is important to me and will help others. My grandfather Charles Soberman passed away in December 2024 from prostate cancer and the donation will be made in his honor. My parents and grandparents are also matching my donation!

My favorite cake flavor is oreo!

I look forward to connecting with you at my Bar Mitzvah service when I am called to the Torah.





My name is **Evan Martin** and I will celebrate becoming a Bar Mitzvah on Saturday, October 18th, 2025. I will be chanting from *Bereshit* in the book of Genesis.

I belong to Temple Israel of New Rochelle with my parents, Frank & Sarah and my siblings, Lele and David. I am in the 8th grade at Hommocks Middle School.

Outside of school, I enjoy golf and spending time with my family.

For my mitzvah project, I have been working with animals. This project is important to me because my house is filled with tons of them!

My favorite cake flavor is chocolate.

I look forward to connecting with you at my Bar Mitzvah service when I am called to the Torah.



My name is **Harper Camhi** and I will celebrate becoming a Bat Mitzvah on Saturday, October 25th, 2025. I will be chanting from *Noach* in the book of Genesis.

I belong to Temple Israel of New Rochelle with my parents, Doug & Jennifer and my sister, Maxie. I am in the 8th grade at Albert Leonard Middle School. Outside of school,

I play volleyball on a Westchester club team. I love hanging out with my friends and going to the beach. At sleepaway camp, my favorite sport is tennis.

My favorite cake flavor is vanilla.

I look forward to connecting with you at my Bat Mitzvah service when I am called to the Torah.



Temple Israel is Grateful

Todah Rabah - Thank You

Temple Fund

David & Penny Klein, in honor of Mitchell Ostrove's Bar Mitzvah Valerie Etra, in memory of

Richard Mark Alter

Michael Goldberg, in
memory of Anita Douglas

Ilissa Herskowitz, in memory
of Anita Douglas

Howard & Beverly Hoffmann, in

memory of Anita Douglas
Hank & Joan Goldsmith, in
memory of Anita Douglas
Linda Capozzola, in memory
of Anita Douglas

memory of Anita Douglas
Matthew & Jennifer Kates, in
memory of Roy Markell
Dalia Levine & Mike Weiss,
in memory of Anita Douglas
Steven & Sally Meisner,

Michael & Michelle Klein, in

Steven & Sally Meisner, in memory of Roy Markell Daniel & Anna Weiser, in memory of Anita Douglas Brian &

Dianne Heaps, in memory of Anita Douglas

Daniel Pomerantz & Jacalyn Bitterman, in memory of Jack Egan Janice Agatston, in honor of Mitchell Ostrove's second Bar Mitzyah

Beth and Mark Pinals, in honor of Judy Pinals' birthday, from the Pinals Family

Cantor Emerita Helene S. Reps Music Fund

Janice Agatston, in honor of the birth of Cantor Helene Reps' great grandchild

Cantor's Discretionary Fund

Donald & Judith Pinals, in memory of Benjamin Levine Mitchell & Carole Ostrove, in appreciation of Cantor Rita

Israel Action Committee

Michael Goldberg, in honor of the Maher, Tarnopal, and Warhit families; in honor of Paul & Ilissa Warhit

Rabbi Discretionary Fund

Nathan & Donna Devore, in memory of their parents: Ina & Allen Rich and Lois & Irving Devore
Laurie & Jay Dubner, in honor of Rabbi Jesse
Heidi Siesfeld, in memory of Roy Markell
Dalia Levine & Mike Weiss
Saky Yakas & Lisa Keller
Gary & Janet Frey, in memory of Beatrice Frey
Zachary & Leah Moore, in honor of Jordan Eva
Moore's Bat Mitzvah

Religious School Fund

Janice Agatston, in appreciation of Rebecca Elkus-Ferst for Better Together; in honor of Henry Meisner's graduation from Religious School

Special Donation to the Religious School Fund, in honor of Rebecca Elkus-Ferst

"This gift is in appreciation of Rebecca Elkus-Ferst from the TINR High School Graduating Class of 2025.

Thank you for all you've done to guide us through these formative years!"

Sam Benson, Sophie Dingée, Louis Fernandez, Danica Frey, Eli Kassoff, Andy Krasner, Charlie Mangot, Henry Meisner, and Dylan Rittenberg

Social Action Fund

Howard Pinn & Myra Saul Donald & Bonnie Rosenfeld Roberta Safire & Daniel DiAnni Wallace & Elaine Goodman, in honor of Michael Goldberg **Anne Casey** Michael Kramer Joel & Almarie Fridovich Paul & Ilissa Warhit Russell Handelman & Susan Shwartz **Edward Pinals &** Susan Germaine Robert & June Hirsh Michael Goldberg Helene Fishman

Families Who Donated to Social Action with Membership Pledge

Hillel & Stacy Dlugacz Daniel Pomerantz & Jacalyn Bitterman Jason & Marilyn Morris Donald & Judith Pinals

Temple Israel Cares

Howard Pinn & Myra Saul Donald & Bonnie Rosenfeld Roberta Safire & Daniel DiAnni Anne Casev Michael Kramer **Ioel & Almarie Fridovich** Paul & Ilissa Warhit Russell Handelman & Susan Shwartz Edward Pinals & Susan Germaine **Robert & June Hirsh** Michael Goldberg Helene Fishman, in memory of Roy Markell **Laurie & Jay Dubner**, in memory of Anita Douglas Valerie Etra, in memory of Anita Douglas Richard Marx & **Deborah Rubin-Marx**, in memory of Anita Douglas

Toni Brackis, in honor of Janice Agatston's grandaughters, Zoe and Jordana's engagements; in memory of Steve Guttman; in memory of Jack Egan

Families Who Donated to Temple Israel Cares with Membership Pledge

Hillel & Stacy Dlugacz Marc & Marjorie Mangot Daniel Pomerantz & Jacalyn Bitterman Jason & Marilyn Morris Donald & Judith Pinals





List of Funds

Temple Operating Fund – To support Temple Israel programs, Jewish education, social activities and operations

ASL (American Sign Language) Interpreting Fund – To provide funding for ASL interpreting and to build the bridge between the Deaf and Hard of Hearing and the general Jewish Community

Brotherhood Fund – Brotherhood of Temple Israel of New Rochelle is a group of dedicated Temple members, spanning all ages, who volunteer their time and effort on behalf of Temple members and the New Rochelle community

Camp Pinebrook Program Fund – To enhance programs associated with Camp Pinebrook.

Cantor's Discretionary Fund – This fund allows the Cantor to support a wide variety of music / worship projects and charitable causes

Cantor Emerita Helene S. Reps Music Fund – To support musical programs and the cultural life of the Temple Endowment Fund – Used to maintain and expand religious, educational, cultural, social, and philanthropic activities of the Temple

Hospitality Fund – For the holding of Kiddush and Oneg Shabbat receptions

Israel Action Committee Fund – sponsors educational, social, and cultural programming with the goal of enhancing our congregants' relationship with Israel.

Kehillah School Childhood Program Fund – To support Kehillah programs

Prayer Book Fund – To enable the Temple to purchase prayer books

Rabbi's Discretionary Fund – This fund allows the Rabbi to support a wide variety of projects and charitable causes.

Religious School Program Fund – To support Religious School programs

Joan Sanders Transportation Fund – To enable congregants who do not drive to get to services and events at Temple Israel Sisterhood Fund – Temple Israel of New Rochelle Sisterhood brings together all generations of women within our synagogue to serve our congregation. Our Sisterhood sponsors a variety of social, religious, and community activities throughout the year. Social Action Fund – To support social action projects in our synagogue and neighborhood communities

Temple Israel Cares – Enables the committee to provide meals for congregants who have been hospitalized or are recovering from illness, to provide Shivah baskets, to give blankets for new babies born, to acknowledge milestone birthday, and to welcome new members.

Did You Know?

You can pay Temple dues or make donations to the Temple with appreciated stock?

If you would like to do so, please follow the directions below: Janney Montgomery Scott LLC #0374 Janney Montgomery Scott LLC

Physical Certificates: Janney Montgomery Scott LLC 26 Broadway 9th Floor Mezzanine New York, NY 10004

Account Registration: Temple Israel of New Rochelle (Operations)

Account Number: 6286-6155

Temple Israel of New Rochelle also gratefully accepts donations of real property. Please contact Anita Aronoff, Executive Director, to discuss in confidence and advise her of your donation at (914) 235-1800.







"Back to School & More!"



September brings us back to Kehillah, cooler weather, new routines, and our growing children.

A time to welcome back families and introduce new friends to our Kehillah community.

"Meet the Teacher" nights for Infants, Toddlers, Preschool and K-Prep giving all the opportunity to meet the Admin Team, Teachers, and spend time in the classrooms.

The Kehillah community looks forward to celebrating Rosh Hashanah wishing all a sweet new year filled with goodness and prosperity and then welcoming Yom Kippur a day of fasting, prayer, and atonement, where we seek forgiveness and strive to reconnect with God.

Parents Connecting...

Gratitude to our Kehillah Parents Katie Gorman (PACK) and Lee Jagoda (The Neighborhood) for bringing events for families to connect and support each other.

In Our Classrooms...

So much is happening to support our Reggio Inspired Emergent Curriculum. Our Educators lead the way in our classrooms guiding and supporting the interests of the children. The Materials Center opened a year ago, will continue to extend and enrich the experiences in all our classrooms.

We are excited to announce the **addition of a Sensory Room** in the Spring of 2026. The Sensory Room will be designed with the expertise of Morah Jackie and her Sensory mission "to empower a diverse population of children to fulfill their sensory needs in a natural, child-led environment."

Ioin us for...

The Chanukah tradition of meeting in the Temple Lobby with Rabbi Jesse and Cantor Rita to sing and light the menorah. Our children will create Menorahs and share in sufganiyot and latkes.

As always, our gratitude to the Temple Community for supporting Kehillah's mission to provide an enriching safe environment for children to learn and grow while providing hours to support families.

Please contact Kehillah Directors at: Marie Masseo extension 247 or (914) 637-3808 Gia Levene extension 227 for more information about scheduling a tour or joining the waitlist.

Marie Masseo, Director





























































YOUTH & FAMILY ENGAGEMENT









Judaism sees every new beginning, from the start of a new year to a new life stage, as a chance for renewal, growth, and resetting our lives. The first Book and story in the Torah, *Beresheet*, means "in the beginning" and outlines the structure for how God created the world. There are a lot of opinions about how the order of the seven days of Creation were chosen and so we understand that it wasn't just selected at random; that God had a very deliberate structure of how the world came to be. God first created the framework which then led to the creation of people and

finally, the Brit, the covenant between God and the Jewish people. And, just like the creation of the world, the start of the new programming year provides us with sacred opportunities for connection and growth in our lives.

Welcome Back Community Shabbat

We are excited to see families at our **Welcome Back Community Shabbat on Friday, September 12th.** This Shabbat will be especially geared towards our youth with activities. Don't delay registering as this dinner is sure to fill up quickly!

High Holy Days 2025

9 am: Tot Service

Infants-Kindergartners and parents are invited to join us for our fun Tot Service and activity in the Courtyard.

Shofar Squad!

Calling all youth in 1st-7th grade! We have created a special opportunity for our children to learn how to blow the Shofar at the High Holy Days. Please call visit tinr.org to register and pay for your child to participate. Cost: \$30/person and you get to keep the Shofar! Our adult Shofar blowers are David Canon, Carolyn Dudek, and Mitchell Ostrove.

Rehearsals will take place following Religious School on these dates from 6-6:20pm:

Tuesday, September 9th Thursday, September 11th Tuesday, September 16th

10:30 am-12:30 pm: Infants-Pre K Babysitting

We will be offering babysitting for our youngest children during the Main service. Parents who would like their child/ren to be included must call (914) 235-1800 to register.

10:30 am-12:30 pm: Kindergarten-3rd Grade Program This program is for youth only, and will take place during the Main Service. Youth will participate in games and a brief service. Parents who would like their child/ren to be included must call (914) 235-1800 to register.

11:30am-12:30pm: 4th-6th Grade Program

Youth in 4th-6th grade will participate in the Main Service until 11:30 am. At 11:30 am they will be invited to join our Student Rabbi Eden Anolick and other staff for a program and snack. Parents who would like their child/ren to be included must call (914) 235-1800 to register.

Religious School 2025-2026: K-12th Grade

- Tuesday, September 9th: First Day K-7th Grade from 4-6 pm and 8th-12th from 6:30-8 pm.
- Thursday, September 11th: Opening Thursday session for 3rd-6th Grade from 4-6 pm.

K/5 Buddy Program Returns! In our effort to continue to build relationships between our youth and their families, the K/5 Buddy Program will return. The program pairs Kindergarten students with 5th graders. Throughout the year the buddies will meet together for an activity during religious school hours. We hope to help build leadership skills with our 5th graders and provide our Kindergarten students with a friendly "older" face to play and have fun with! Our rising 1st/6th buddies will also have opportunities to connect throughout the year.

Teen Engagement 2025-2026

Tuesday Learning Sessions & Travel:

The opening Tuesday session for 8th-12th graders will take place on September 9th with dinner and a "Welcome Back" program. This year's curricular focus is on mid-late 20th century (post WWII) American Jewish history including civil rights, women rights, and Gay and Lesbian rights. Our goal is to help teens understand that the synagogue experience that they know was deeply impacted by this time period. We will also focus on American-Jewish relations with Israel from the War of Independence through the Yom Kippur War. This year's trip will travel to the South and explore the Jewish community's involvement in the Civil Rights movement.

BBYO Signon: Teen Youth Group

The Signon chapter will kick-off its first event on Tuesday, September 2nd with a BBQ and games from 7-8 pm. To register and learn more about our amazing chapter, please connect with our Rabbinic Intern, Eden Anolick.

Better Together: An Intergenerational Program FUN FOR ALL AGES!

Back for its sixth year, the Better Together program is a highlight for our teens and adult community. If you're a teen or adult ages 65+, please connect with me so that I can share the joy of this program with you.

Follow the next page, to see what some of our Better Together participants have shared about their experience:



NEW BEGINNINGS AS A SACRED OPPORTUNITY

Joan Goldsmith: "For the last three years my husband, Hank, and I have had the opportunity to participate in Better Together. It has been a highlight and great addition to our temple experience. We LOVE going...our high school members do too! We have made many inter-generational friendships, connections and community successful efforts.

As a retired teacher and currently an adjunct professor I always want to 'keep up', stay current and learn! Better Together encourages us all to JUST DO IT!"

Devin Ferrucci: I participate in Better Together because it makes me feel close to my community. I have done Better Together for the past three years and it has been very impactful to me. We get close with the older members in our community and learn about their lives and their experiences that we would not know without this program.

May this year bring renewal, strength and meaning to us all. Shanah Tovah u'Metukah!

Rebecca Elkus-Ferst Director of Education: Youth & Families











Sisterhood



Laura Feinblum
Sisterhood@tinr.org
Sisterhood Co-President



Heidi SiesfeldSisterhood@tinr.org
Sisterhood Co-President

We hope you are enjoying the summer! In early July, Sisterhood continued our arts programming with a midweek trip to the Jewish Museum for a fascinating docent-led tour of The Book of Esther in the Age of Rembrandt. A lively mix of TINR members and non-members (*see below!*) learned why Purim's leading lady resonated with the 17th-century painter and the larger Dutch community. After the tour, many of our hungry participants dined on bagels, blintzes, and the like, at the museum's onsite restaurant, Lox.

Game Night is back! We look forward to seeing you on Wednesdays, September 3rd and October 8th from 6:45-9:00pm. Join us for Mahjong and Canasta. Invite your friends!

The **High Holy Days** are around the corner. Sisterhood will be involved with decorating for Sukkot and looks forward to **welcoming all to an outdoor oneg in the sukkah on Friday, October 10th, along with Brotherhood.**

Lastly, Sisterhood will cook tasty new recipes with Chef Nancy Wolfson on Thursday, October 30th, exploring her passion for food, eating, and Jewish culture. A certified macrobiotic counselor, Nancy is the author of <u>Vegetables for Breakfast from A to Z: Change your Breakfast, Change your Life</u>. Watch for details.

Sisterhood aims to educate, entertain and provide community for the women (and men!) of TINR. In that way we resemble the Sisterhoods of yore. But don't be fooled. We are not your mother's Sisterhood. Give one of our varied events a try. Sneak peak: Screening of *The Brutalist* and Broadway outing to *Ragtime*.

Best, Laura & Heidi

Sisterhood at the Jewish Museum for a fascinating docent-led tour of The Book of Esther in the Age of Rembrandt!





Brotherhood



Allen Fishbein

Brotherhood@tinr.org

Brotherhood Co-President



Gary Frey
Brotherhood@tinr.org
Brotherhood Co-President

We hope everyone had a great summer!

Brotherhood is planning an outing to a **Minor league baseball game for September 7th.** As usual for off campus events we will set up carpooling to the game.

We will have **Brotherhood game nights** once a month, some on campus some off campus. Stay tuned to the dates.

On October 10th, Brotherhood is teaming up with Sisterhood for an Oneg in the Sukkah, "Harvest and Hops." We'll be serving mini bites and Israeli beer.

We are bringing you another off campus tour to the **Brooklyn Seltzer Museum on October 26th.**

Brotherhood has a lot of fun programming planned for 2025/2026. We want to continue to make TINR an event destination. If you have ideas for events, please let us know by contacting us directly or attending a meeting.

Gary & Allen

Reminder: Brotherhood Board Meeting on Wednesday, September 10th, 7 pm

Edith H. Handelman Library

Celebrate the New Year with Apples, and Honey, and BOOKS...OH MY!

APPLES & HONEY ...









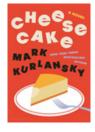












CELEBRATE SUKKOT!



INSPIRING RECIPES FOR THE HOLIDAYS!







OUR LIBRARY IS ALWAYS OPEN!

Browse our library in person or online. Bring your kids too! New books arrive weekly. Self check-out by signing your name on the card in the back of the book and leave the card in the red box on the librarian's desk.

All books can also be reserved on our library website:www.librarycat.org/lib/HandelmanLibrary/TINR

Questions or suggestions? Contact our librarian: Stephanie Krasner, stephkras11@gmail.com

(Please don't forget to return the books so others can enjoy them)







Marjorie Mangot TIC@tinr.org (201) 838-7586 Temple Israel Cares Co-President



Bobbi Safire *TIC@tinr.org*Temple Israel Cares
Co-President!

Food for Thought –

As we get ready to welcome the New Year and hear the shofar's ancient call, it's a meaningful time to pause and reflect. The sound of the shofar invites each of us to turn inward and think about the year that's passed, the ways we've grown, and the places where we still have work to do. In this quiet reflection, we reconnect with our sense of wholeness (*shleimut*), which gives us the strength to show up for others with kindness (*hesed*), and to recommit ourselves to justice (*tzedek*).

This year, as you listen to the shofar's blasts, let them remind you of your own journey: the times you've felt whole, the times you've felt broken, and the hope of returning to wholeness again. Let them call you to care for those around you, to treat yourself with compassion, and to hear the voices of those still seeking justice.

May the sounds of the shofar guide you into a year of sweetness, peace, and renewed purpose. Shana tovah!

Marjorie and Bobbi

Apple Cider-Braised Chicken

Total Time: 1 hour 50 minutes

Prep Time: 20 minutes

Cook Time: 1 hour 30 minutes

Yield: 4-6

Ingredients

- 4 lb (1.8 kg) skin-on chicken legs and thighs, trimmed of excess fat
- kosher salt and freshly ground black pepper
- 2 Tbsp extra virgin olive oil, plus more as needed
- 3 firm, sweet apples, peeled, quartered, cored and cut into ½ -inch wedges
- 6 sprigs fresh thyme + 1 Tbsp finely chopped fresh thyme
- 6 medium shallots, thinly sliced
- 1 cup (240 ml) apple cider
- $\frac{1}{2}$ cup (120 ml) apple cider vinegar
- 2 cups (480 ml) chicken or vegetable broth

Instructions

- 1. Sprinkle the chicken pieces with salt and pepper. Heat 2 Tbsp of the oil in a large frying pan set over medium-high heat. Working in batches, brown the chicken pieces, flipping once, until browned on both sides, 8-10 minutes per batch. If the bottom of the pan begins to look dry, add a little more oil.
- 2. Transfer the browned chicken pieces to a large baking dish and top with the apple wedges and thyme sprigs.
- 3. Preheat oven to 375°F.
- 4. Lower the heat under the frying pan to medium and add the shallots. Season with a little salt, cook, stirring occasionally, until softened and lightly browned, about 5 minutes. Add the chopped thyme and cook for 1 minute, then stir in the apple cider and the cider vinegar, scraping up any browned bits at the bottom of the pan. Raise heat

- to high, and cook until the liquid has reduced by half, 4-5 minutes.
- 5. Stir in the broth and bring to a boil, then carefully pour the braising liquid over the chicken and apples. Cover the baking dish with foil and braise in the oven until the chicken is very tender, 45-55 minutes.
- 6. Remove the baking dish from the oven and transfer the chicken and apples to a serving platter.
- 7. Transfer 1½ cups (360 ml) of the braising liquid to a medium saucepan set over high heat. Bring to a boil and cook, stirring often, until the liquid reduces by two-thirds, 10-15 minutes. Spoon the sauce over the chicken and serve warm.





Events



FIRST FALL SESSION: Wednesday, September 3rd

6:45 - 9:00 pm

Canasta or Mah Jongg ... your choice. Play with old friends, and new! Invite a friend!

This event is FREE, EVERYONE IS WELCOME! RSVP at www.tinr.org for each session to accommodate for food and seating!

Next Dates: Wednesday, October 8th, November 5th



"Finding the Words: A Conversation with Israeli **Educator Uri Feinberg**"

Exploring questions and thoughts we struggle to **articulate, about being Jewish** in our world today and how we feel about our relationship with Israel.

Uri Feinberg led the Zoom Class, "Important Issues Today in Israel" ... now, meet Uri In Person!

Tuesday, September 9th, 7–8pm

With daughters serving in the military, a career as an educator, and deep dedication to Israel's democracy, Uri offers a personal, human perspective beyond the headlines.

This event is for Teens and Adults.

Uri Feinberg was the guide for TINR's Israel trip in February.

More details to follow, with a RSVP link. Stay tuned!



Friday. September 12th

Service 6:00 pm / Dinner by RSVP 7:00 pm

We invite the congregation and guests, friends, and family, to celebrate being together!

Prices/dinner

Adults-\$30 • Child (Grades K-6)-\$10 • Tots-Pre-K-FREE Online reservations close on Wednesday, April 2nd. Visit www.tinr.org to RSVP for dinner while capacity is available. All welcome for the service without reservations.

Next date: Friday, November 7th



Tuesday, September 30th, 7 pm

Israel Action Committee Chair, Paul Warhit, will lead a 90 minute conversation regarding how U.S. politicians answer questions regarding Israel during their political campaigns as well as after they take office.

Space is limited, and slots will be filled on a first-come, first-served basis.

Please contact Paul Warhit at paulwarhit@gmail.com with any questions or to register.





NEW! BROTHERHOOD GAME NIGHTS!

FIRST SESSION: Wednesday, October 8TH, 7 PM

It's not just Sisterhood ... Brotherhood also wants a Game Night, and here it is!

Put the first date down. The RSVP link will follow shortly.

Next Date: Wednesday, November 5th



SOCIAL ACTION COMMITTEE

RE-ORGANIZED, BUT SAME GOALS

FIRST OFFICIAL MEETING OF THE NEW SAC!
FIRST SESSION: Thursday, October 16TH, 7 PM

With our new leadership — Allen Fishbein and Sharon Gorman — let's renew our commitment to our community by working together.

It can't be done by one ... but by ALL — Temple Israel of New Rochelle ALL!

Join us!



Families, get together at Temple Israel for an opportunity to worship in a family-friendly, musical service experience, geared towards all families.

First Family Fall Shabbat! Friday, October 17th!

Service: 6:00 - 6:30 pm • **FREE Pizza Dinner**: 6:30 - 7:00 pm

Visit www.tinr.org to RSVP by the Wednesday prior, by midnight, to accommodate for food and seating. Link will be available shortly.

Next date: Friday, November 14th



Adult Education Series

1st Session: Wednesday, October 22nd, 7 pm

Want to connect more deeply during a Jewish prayer service?

In this interactive class, we'll explore the meaning, structure, and flow of Jewish liturgy—and how it transforms into personal and communal prayer, or tefillah.

Whether you're new to the service or looking to enrich your experience, you'll gain practical tools and insights to feel more confident and inspired in any prayer setting.

Cost \$36 (which includes the text book). *More details, and RSVP link to follow.*





Wednesday, October 22nd, 12 pm

Guest Speaker, Ginny Poleman takes you on a journey of Gilded Age mansions of New York's Jewish gentlemen.

Some Jewish gentlemen included the Guggenheims, Lehmans, and Seligmans, who became prominent in finance through investments in real estate, banking, and industry.

This event is FREE, with lunch included. *More details and the RSVP link will follow.*

This series honors Albert & Muriel Balik, who were Temple Israel New Rochelle founding members (Pinebrook location) and supporters since 1960. A beloved and extraordinary couple, Al and Muriel shared a deep devotion to family, community, and a lifelong love of learning.



Sisterhood is Cooking ... with Chef Nancy Wolfson!

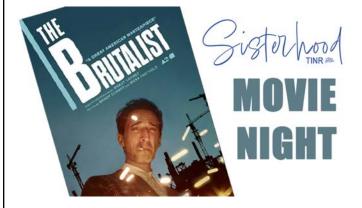
Thursday, October 30th, 6:30 pm

Join Sisterhood in the Kitchen with Chef Nancy Wolfson!

Discover delicious new recipes as Chef Nancy shares her passion for food, mindful eating, and Jewish culinary traditions.

A certified macrobiotic counselor and author of <u>Vegetables for Breakfast from A to Z: Change Your Breakfast, Change Your Life</u>, Nancy will inspire and guide us in creating tasty, nourishing dishes.

More details and registration link coming soon!



Sisterhood Film Event: "The Brutalist" MOVIE & DINNER!

Sunday, November 2nd, 4 pm

Fleeing the ruins of post-war Europe, architect László Toth arrives in America with a single mission: reclaim his life, his work, and the wife he was torn from.

In Pennsylvania, a powerful industrialist sees his genius—but ambition, loyalty, and legacy carry a dangerous price.

Join Sisterhood for a movie and dinner. More details to follow with an RSVP link!

Brunch & Learn



Saturday, November 8th, 10:30 am

(after Torah Study)

Brunch & Learn Topic: Modern Jewish Literature

This FREE event is a fantastic opportunity to explore the rich and diverse world of literature written by Jewish authors. Immerse yourself in their stories, experiences, and the unique perspectives they bring to the literary world.

More details, and a link to follow!





From My Family to Yours!

-Berdie Stein



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TEMPLE TOPICS









